

401 Failure to Meet Dietary Guidelines for Americans	
Area:	Summary of Updates: (Implemented Oct. 1, 2013)
Definition:	(No change to the definition and assigning Risk 401 - can only be assigned when a complete assessment has been completed and no other nutrition risks apply)
Justification:	<p>Although <i>The Dietary Guidelines</i> icon has been changed to <i>MyPlate</i>, the 2002 Institute of Medicine (IOM) committee findings still apply to this criterion:</p> <ul style="list-style-type: none"> • WIC previously discontinued using a 24-hour diet recall to determine risk and that still applies (no new assessment interview changes in WISPr) • WIC previously discontinued using a food frequency questionnaire to determine risk and that still applies (no new assessment interview changes in WISPr) <p><i>Implications for WIC Nutrition Services –</i> Through participant-centered counseling, WIC staff can (based on participant concerns/interests):</p> <ul style="list-style-type: none"> • Offer guidance towards choosing healthy foods • Encourage age-appropriate physical activity • Reinforce positive lifestyle behaviors • Discuss nutrition-related topics of interest to the participant • No RD referral required
Clarification:	Now includes reference to the <i>2010 Dietary Guidelines</i>